



PATHWAYS TO GOAL PLANNING WORKSHEET

1. List your goal identified from the goal worksheet and identify each successive step (sub goal) that will lead to success.
2. For each step, identify a potential barrier that may block success.
3. Describe solutions to barriers and the supports that will help you stay on track to success.
4. Identify multiple pathways to the goal using this sheet. Then prioritize each pathway based upon the potential for success.

	STEP 1	STEP 2	STEP 3	STEP 4	STEP 5	GOAL
SELECTED PATHWAY						
	↑	↑	↑	↑	↑	
IDENTIFY POTENTIAL BARRIER FOR EACH STEP						
	↑ SOLUTION	↑ SOLUTION	↑ SOLUTION	↑ SOLUTION	↑ SOLUTION	
	↑	↑	↑	↑	↑	
	SUPPORTS	SUPPORTS	SUPPORTS	SUPPORTS	SUPPORTS	