

The Power of Connection: What Research on ACEs, Neurobiology, and Resilience Tells Us

Co-presented by Kristi Slette, Lisa Moulds and Kristin Danielson

Thurs Nov 8, 2018

\$20 Suggested Donation

5:30-8:30 pm

*** limited scholarships available**

Space is limited to
40 participants

**Brigid Collins
Conference Room
1231 N. Garden St
Bellingham 98225**

Hosted By:



Register Online:

<https://www.surveymonkey.com/r/11818Power>

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What is The Power of Connection About?

Experience during development – whether nurturing or toxic – affects the well being of children and adults. Our health, relationships, self-regulation, and on-the-job and school performance link to our childhood exposures and responses to adversity.

The Adverse Childhood Experiences (ACEs) Study findings are one of the largest public health discoveries of our time. ACEs reliably predict population mental, physical and behavioral health and many social and environmental challenges. This training helps parents as well as professionals across human and social services, law enforcement, corrections, education, and health care understand child, adolescent and human behavior with a focus on developing resilience in community.

Brain science explains the biologic pathways that make ACEs so powerful. What's predictable is preventable – this training will introduce a common language and understanding and develop capacity to continuously improve practice in ways that are informed by current brain science and resilience research findings.

Our every-day actions matter for preventing ACEs and moderating their effects. Participants will learn about the progressive nature of adversity – and about promoting resilience and creating transformative and sustainable change.

ADA accommodation requests must be received at least 72 business hours in advance.

Requests or Questions?

Info@wfcn.org
360-738-1196

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Whatcom Family & Community Network

"Building community together so youth and families thrive."

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